**SCHOOL NEWS**

**Mr Bennett Get Well Soon!!**
We wish Mr Bennett a speedy recovery and hope he is feeling better soon.

**Clean Up Australia Day**
On Friday 4th of March, students will be taking part in Clean Up Australia Day. We will be cleaning up the area around our school and along Dickinson Street. We have a small supply of gloves but we ask that students please bring their own to use.

**Funky Hair Day**
Friday 11th March is Funky Hair Day for the World’s Greatest Shave. Students can colour and decorate their hair and come out of uniform for a gold coin donation.

**Harden Annual Truck and Tractor Show**
Students have been invited by the Harden Historic Truck and Tractor Club to enter into a truck or tractor building competition. Students are asked to build a model of a truck or tractor out of Lego or Meccano. All materials are to be supplied by the student. The entries can be delivered to the Harden main show pavilion on the morning of the display. The Truck and Tractor Show will be held on Sunday 20th March at the Harden Showgrounds.

**INFANTS NEWS**

**Year 2/3 News**
Year 2/3 have settled well into their new routine. They are enjoying their time as a group and then as being a part of primary and infants.

Over the next couple of weeks our learning will start to focus around the elements of NAPLAN. Students will be learning about persuasive writing, especially exposition. We will also be focussing on maths and on our mental strategies for addition and subtraction. Closer to the end of the term we will be looking at the tests and practicing them.

Although year 2 are not doing NAPLAN until next year, the exposure will be to their benefit and I am ensuring that all year 2 curriculum outcomes are being covered.

**SPORTS NEWS**

**Swimming for Sport**
This week is our second last week for swimming. The footy bus will be taking us to the pool. Thank you to all those parents who offered to drive.

**District Swimming Carnival**
Congratulations to Maddie, Alerya, Alivia, Thomas, Thomasina, Charlie and Jack P who swam at District last Friday. They represented Binalong Public School with pride. Maddie, Thomas, Thomasina, Charlie and Jack are now off to Albury for the Riverina Swimming Carnival on Monday the 7th March 2016. We wish them luck.

**Sporting Schools**
Due to the extreme heat yesterday, sporting schools was called off. A makeup session will be held after Easter.

**Miss O’Connor**
We have been busy learning all about nouns and improving our multiplication skills.

I congratulate the children on how beautifully they have adapted to both the change of teacher and routine.

Well done and thank you Primary children.

Miss Hurley

KINDERGARTEN AND YEAR ONE NEWS

This week we have been practising our writing. We have been looking at words and the sounds we can hear in them. Please read all your Butterfly card words as often as possible as this helps with reading and writing.

Information when students have News time

News Groups for all of Infants are as follows:

Monday - Maddy, Kyron, Tayla, Maison

Tuesday - Cooper, Amelia, Grace, Ivy

Wednesday - Lochie, Jayden, Maliyah, Ella, Ben

Friday - Ryan, Nolan, William, Oscar, Imogen

Students are encouraged to talk about something special that they have done or seen.

 Helpers in the Classroom

Thank you to all the helpers that have been in the classroom over the last couple of weeks. To be a volunteer/helper you must have a Working with Children’s Check. This can be obtained at the RMS (old RTA) and a copy must be kept at the school.

Celebrations from around the world

Reminder - Any parent or community member that has some interesting tales, photos or souvenirs from other countries that they can share we would love for you to visit this term. Please let me know when you are available.

Please only send water in students water bottles. Poppa’s and non resealable drinks are not allowed in the classroom.

Mrs Smith

A Quick Bite ...

Got Milk? But Which One?

Milk provides children with calcium for strong bones and teeth but which one is best? All the different milks in the market can puzzle us.

All cows’ milk is similar in protein and calcium but the reduced fat variety is recommended for children over 2 years of age because as children grow they have less requirements for saturated fat.

Reduced fat flavoured milks have sugar added to them but they continue to provide protein and calcium making a nutritious, filling and appealing snack for children and teenagers if consumed in moderation.

Soy, rice and almond milks are recommended for those with lactose intolerance, those that don’t like milk or have dairy allergies. Just ensure you choose reduced fat and calcium fortified varieties with 100mg of calcium per 100ml.

For more information visit

mhld.health.nsw.gov.au/keepinghealthy

A Quick Bite ...

6 Tips for Smart Shopping

The weekly shopping experience is becoming more challenging with so many new products coming into the market. Here are some tips to make it a bit easier for you:

1. Have a shopping list: planning your weekly meals will save you time and money
2. Don’t shop when you are hungry: you will end up with more “sometimes foods” in your trolley
3. Shop for healthy foods: first: put fruit and vegetables, bread, dairy and meat in your trolley first
4. Buy plenty of fruits and vegetables, especially those in season
5. Read labels: choose high fibre food options. The saturated fat shouldn’t exceed half the fibre.
6. Check the “unit price”: you will be surprised to find that healthier foods are cheaper!

For more information visit

mhld.health.nsw.gov.au/keepinghealthy

CALENDAR Weeks 6 & 7

EVENT

ACTIVITY DATE

COST

NOTES/MONEY DUE

Swimming for Sport

Clean Up Australia Day

4th March 2016

Nil

Funky Hair Day

11th March 2016

Gold Coin

T20 Blast - Yass

15th March 2016

A SAFE SCHOOL ENVIRONMENT IS IMPORTANT TO OUR SCHOOL, PLEASE REPORT ANY SAFETY CONCERNS TO THE SCHOOL SO WE CAN ATTEND TO THEM APPROPRIATELY.